



MEADOWBROOK

— OCONTO FALLS —

Upcoming Event >>>

Wed 1: 9:30 Sing Along / 12:40 Brewers/ 2:00 7-Stinks

Thu 2: 9:30 Coloring Eggs/ 10:00 Room Communion / 2:00 Bingo

Fri 3: 9:30 Easter Trivia/ 2:00 Easter Dice Roll/ 6:45 Brewers

Sat 4: 9:30 Easter Reminisce/ 1:30 Cover Up/ 3:10 Brewers

Sun 5: 7:30 Catholic Church Ch.5 / 1:30 Brewers

Mon 6: 9:30 Reading Circle/ 2:00 Jackpot/ 5:45 Brewers

Tue 7: 9:30 Balloon Volleyball / 2:00 Bingo/ 5:45 Brewers

Wed 8: 10:00 Catholic Mass / 12:35 Brewers/ 2:00 Hagman

Thu 9: 9:30 Sing Along / 2:00 No Cards

Fri 10: 9:30 Reminisce / 2:00 Bingo / 6:40 Brewers

Sat 11: 9:30 Color Therapy / 2:00 7-Stinks/ 6:10 Brewers

Sun 12: 7:30 Catholic Church Ch. 5/ 1:10 Brewers

Mon 13: 9:30 Big Ball Kick/ 2:00 Jackpot

Tue 14: 9:30 Plant a Flower / 2:00 Bingo/ 6:40 Brewers/ Manicure all day

Wed 15: 9:30 Music & Memory / 2:00 L-R-C/ 6:40 Brewers

Thu 16: 10:00 Room Communion/ 12:40 Brewers/ 2:00 Music w/Lovett

Fri 17: 9:30 Trivia / 2:00 Resident Council/ 6:10 Brewers

Sat 18: 9:30 Reminisce / 1:30 Bingo/ 3:10 Brewers

Sun 19: 7:30 Catholic Church Ch. 5/ 12:40 Brewers/ 2:30 Mennonite Singers

Mon 20: 9:30 Balloon Volleyball / 2:00 Jackpot

Tue 21: 9:30 Lutheran Devotions / 2:00 Bingo/ 5:40 Brewers

Wed 22: 9:30 Grocery Game/ 2:00 No Cards/ 5:40 Brewers

Thu 23: 10:00 Rosary/ 12:10 Brewers/ 2:00 Courtyard cleanup

Fri 24: 9:30 Flowers Crafts / 2:00 Bingo/ 6:40 Brewers

Sat 25: 9:30 Color Therapy / 2:00 Cover Up/ 6:10 Brewers

Sun 26: 7:30 Catholic Church Ch. 5/ 1:10 Brewers

Mon 27: 9:30 Bean Bag Toss/ 2:00 Jackpot

Tue 28: 9:30 Reminisce/ 2:00 Birthday Bingo/ 6:40 Brewers/ Manicure all day

Wed 29: 9:30 Sing Along / 2:00 Hangman

Thu 30: 9:30 Birthday Board/ 10:00 Room Communion / 2:00 Bingo

DAILY: 1:1 visits, morning greetings, Mail Delivery, Good Day Wisconsin 5AM-9AM

TUESDAY: Barber And Noodle Ball at 5:30 PM

WEDNESDAY: Beauty Shop

THURSDAY: Noodle Ball 5:30

*** Activities Subject to Change***

Newsletter

The Magic of "Remember When": Why Reminiscing is Good for the Soul

As the flowers begin to bloom this April, it's a natural time to think about growth, history, and the journeys that brought us here. For many of us, looking back isn't just about "the good old days"—it's a powerful way to stay connected to who we are today.



More Than Just a Memory

Mental health experts often call this "Reminiscence Therapy," but we just call it good storytelling. Sharing memories does more than pass the time; it actually reduces stress, boosts self-esteem, and helps keep our minds sharp. When we revisit a favorite memory, our brains release feel-good chemicals that can improve our mood for the entire day.

Ways to Spark a Story

You don't need a reason to take a trip down memory lane, but sometimes a little nudge helps:

- **The Power of Music:** Hearing a song from your teenage years can instantly transport you back to a specific dance, a car ride, or a summer night.
- **Sensory Scents:** The smell of fresh-cut grass, lilac, or a specific family recipe can unlock "hidden" memories that words alone can't reach.
- **Photo Power:** Flipping through an old album isn't just a solo activity—it's an invitation for others to learn about your adventures.

Share Your Spark

This month, we encourage you to share one "first" with a neighbor or a staff member. Was it your first car? Your first job? Or perhaps the first time you saw a spring bloom in your childhood backyard?

Your stories are the heartbeat of our community. By sharing them, you aren't just looking backward—you're helping us all grow closer together.

Let's play! Word Scramble: Spring Time

1. BBUSL _____
2. TBUESTRCPU _____
3. SSBLSOOM _____
4. RSRAPTELACIL _____
5. IRNPGS ENGRSE _____
6. DSODFILFA _____
7. FULATEBUI _____
8. ADESSII _____
9. KCISCH _____
10. BUDNGID _____
11. LGBAIMN _____
12. RSIDB _____
13. IRBSK _____
14. EESB _____



Employee Birthdays

April Z., Apr 1
Tina S., Apr 2
Eureka C., Apr 4
Jayce G., Apr 4
Shannon M., Apr 6
Christina W., Apr 15
Sarah D., Apr 16

Carolyn H., Apr 17
Kayla F., Apr 20
Nevaeh G., Apr 20
Ondrea V., Apr 21
Madeline M., Apr 30



2026 Fun & National Holidays!

- ▶ Apr 1 April Fool Day
- ▶ Apr 2 Burrito Day
- ▶ Apr 3 Good Friday
- ▶ Apr 3 Caramel Day
- ▶ Apr 5 Happy Easter!
- ▶ Apr 6 Caramel Popcorn Day
- ▶ Apr 7 World Health Day
- ▶ Apr 10 Siblings Day
- ▶ Apr 11 Pet Day
- ▶ Apr 12 Grilled Cheese Day
- ▶ Apr 13 Scrabble Day
- ▶ Apr 14 Gardening Day
- ▶ Apr 15 Banana Day
- ▶ Apr 16 Eggs Benedict Day
- ▶ Apr 16 Wear Pajamas to Work Day
- ▶ Apr 17 Cheeseball Day
- ▶ Apr 18 Exercise Day
- ▶ Apr 20 Volunteer Recognition Day
- ▶ Apr 20 Look Alike Day
- ▶ Apr 22 Earth Day
- ▶ Apr 22 Jelly Bean Day
- ▶ Apr 23 Take a Chance Day
- ▶ Apr 23 Worl Book Day
- ▶ Apr 24 Bucket List Day
- ▶ Apr 25 DNA Day
- ▶ Apr 26 Pretzel Day
- ▶ Apr 27 Administrative Professional Day
- ▶ Apr 27 Gummi Bear Day
- ▶ Apr 28 Superhero Day
- ▶ Apr 29 Zipper Day
- ▶ Apr 30 Honesty Day

Meet our Team >>>

Hometown: Peshtigo, WI

Job Overview

I was CAN, then LPN and now RN, all while working here. I provide direct resident care and work with doctors.

Tell us about your family.

I have two sons, boyfriend, and a dog. My kids are 2 ½ and 10-month-old.

What are your outside Interests?

Anything outdoors, reading, going to events with my kids.

Something not everyone may know about you.

I have had arthritis since I was 9. I even have arthritis in my eye!

Megan V.
Registered Nurse



Testimonial >>>



"I chose Meadowbrook at Oconto Falls for rehabilitation that is close to home. My stay was pleasant. I enjoyed the activities. Everyone was pleasant and helpful. OT and PT did a very good job with me. I enjoyed my stay here. I felt very comfortable here." - **Romelle – Resident**



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Also, April is...

Stress Awareness Month
Occupational Therapy Month