



SEPTEMBER 2026



MEADOWBROOK

— OCONTO FALLS —

Upcoming Event >>>

Tue 1: 9:30 Reading Circle / 2:00 Bingo

Wed 2: 9:30 Music & Memory / 2:00 Cover-Up

Thu 3: 10:00 Catholic Room Communion/ 2:00 Bingo

Fri 4: 9:30 Reminisce / 2:00 No Cards

Sat 5: 9:30 Labor Day Trivia / 1:30 Cover-Up

Sun 6: 10:30 Catholic Church Ch. 5/ Lutheran Room Communion

Mon 7: Happy Labor Day

Tue 8: 9:30 Balloon Volleyball / 2:00 Bingo

Wed 9: 9:30 Catholic Church/ 2:00 Hangman

Thu 10: 9:30 Reading Circle/ 2:00 Jackpot

Fri 11: 9:30 9/11 Remembrance / 2:00 Bingo

Sat 12: 9:30 Ice Cream Trivia/ 2:00 Chocolate Milkshake Social

Sun 13: 10:30 Catholic Church Ch. 5/3:25 Packers vs Vikings

Mon 14: 9:30 What Am I? / 2:00 Jackpot

Tue 15: 9:30 Lutheran church/ 2:00 Bingo

Wed 16: 9:30 Sing Along / 2:00 No Cards

Thu 17: 9:30 Football crafts/ 10:00 Catholic Room Communion/ 2:00 Music w/Scott

Fri 18: 9:30 Reminisce / 2:00 Resident Council

Sat 19: 9:30 Trivia/ 1:30 Bingo

Sun 20: 10:30 Catholic Church Ch.5/ 3:25 Packers vs Jets

Mon 21: 9:30 Halloween rock painting / 2:00 Jackpot

Tue 22: 9:30 Big Ball Kick/ 2:00 Autumn Leaf Mining/ 6:00 Family Night Bingo/ Manicures all day

Wed 23: 9:30 Football Trivia / 2:00 7-Stinks

Thu 24: 10:00 Rosary/ 2:00 Packers Tailgate Party/ 7:15 Packers vs Falcons

Fri 25: 9:30 Music & Memory / 2:00 Bingo

Sat 26: 9:30 Let's Color/ 2:00 Climb the Mountain (dice)

Sun 27: 10:30 Catholic Church Ch. 5

Mon 28: 9:30 Ghost Garland Craft/ 2:00 Jackpot

Tue 29: 9:30 Craft cont./ 2:00 Birthday Bingo & Coffee

Wed 30: 9:30 Birthday Board / 2:00 Cover-Up

DAILY: 1:1 visits, morning greetings, Mail Delivery, Good Day Wisconsin 5AM-9AM

TUESDAY: Barber And Noodle Ball at 5:45 PM

WEDNESDAY: Beauty Shop 9th And 23rd

THURSDAY: Noodle Ball at 5:45

*** Activities Subject to Change***

Newsletter

Caring for Vision and Hearing as We Age



Our vision and hearing play an important role in helping us stay safe, independent, and connected with the world around us. As we age, it is common to experience changes in eyesight and hearing that can sometimes make everyday activities more challenging.

Changes may happen gradually, making them easy to overlook. Difficulty reading

small print, seeing clearly in low light, following conversations, or understanding speech in noisy environments may be signs that it is time for an eye or hearing check.

Why It Matters

Good vision and hearing help older adults stay engaged in daily activities, communicate with others, and maintain their independence. When vision or hearing changes go unnoticed, they may lead to frustration, misunderstandings, social isolation, or an increased risk of falls.

Residents and families should notify a healthcare provider about changes such as blurred or double vision, difficulty recognizing faces, frequent headaches, sudden hearing changes, ringing in the ears, or increasing difficulty following conversations.

Tips for Healthy Vision

- Schedule regular eye exams and report any sudden changes in vision.
- Keep eyeglasses clean and make sure prescriptions are up to date.
- Use good lighting when reading, walking, or participating in activities.
- Keep walkways clear of clutter to help prevent trips and falls.
- Wear sunglasses outdoors to help protect your eyes.

Tips for Healthy Hearing

- Have your hearing checked regularly.
- Keep hearing aids clean, charged, and in good working condition.
- Reduce background noise when having conversations.
- Face the person you are speaking with and speak clearly.
- Let a healthcare provider know about sudden hearing changes, ringing in the ears, or difficulty understanding conversations.

Small steps can make a big difference. By caring for our vision and hearing, we can stay safer, communicate more easily, and remain connected to the people and activities we enjoy.

Let's play! Word Scramble: Cookout



1. LAOHCRCRA _____
2. BQB IGLRL _____
3. CNPCII _____
4. HKOMCMSA _____
5. KECA _____
6. LEOTRWEMNA _____
7. EBAKD BASNE _____
8. ETA _____
9. PATOOT ALSDA _____
10. MRNCOAAI SAALD _____
11. THO GDSO _____
12. MUHEAGRBR _____
13. IPOLSH GASSSAUE _____
14. SOMERS _____
15. LUPCAENTOA _____

Meet our Team >>>

Hometown: Oconto Falls, WI is my hometown. I was born in Green Bay, WI, but went to school and was raised in Oconto Falls, WI.

Job Overview

Help oversee all staff-related operations, including hiring nurses and aides, managing payroll and benefits, and ensuring compliance with healthcare labor laws and licenses. Help maintain a stable workforce and high-quality resident care.

Tell us about your family.

My husband's name is Chris. We have an adult son going to college in August to play college football, a 14-year-old daughter is starting High School, and a 14-year-old black Lab dog named Oakley.

What are your outside interests?

I like football, softball, ATV riding in the woods/mud, fishing, wrestling, camping, water activities, traveling, golfing, bonfires, etc.

Something not everyone may know about you.

I have a deep musical and sports background of approx. 28 years' experience. Outside being a medical-field HR professional, I am a paid musician as a co-lead singer in a band.

Favorite sports team.

Green Bay Packers!

Ashley C.
HR Manager



Employee Birthdays

Crystal H., Sep 02
Sarah B., Sep 02
Dawn P., Sep 08
Jill W., Sep 08
Kristy L., Sep 11
Jolyne G., Sep 13
Jennifer L., Sep 16

Sabrina M., Sep 21
Christina K., Sep 22
Sandra M., Sep 23
Faith T., Sep 30



2026 Fun & National Holidays!

- ▶ Sep 3 World Beard Day
- ▶ Sep 3 Skyscraper Day
- ▶ Sep 4 Eat an Extra Dessert Day
- ▶ Sep 4 College Color Day
- ▶ Sep 5 Be Late for Something Day
- ▶ Sep 5 Cheese Pizza Day
- ▶ Sep 5 Intl. Day of Charity
- ▶ Sep 6 Fight Procrastination Day
- ▶ Sep 6 Read a Book Day
- ▶ Sep 7 **Labor Day**
- ▶ Sep 7 Salami Day
- ▶ Sep 8 Pardon Day
- ▶ Sep 9 Teddy Bear Day
- ▶ Sep 10 Swap Ideas Day
- ▶ Sep 11 Patriot Day
- ▶ Sep 12 Chocolate Milkshake Day
- ▶ Sep 13 **Grandparents Day**
- ▶ Sep 13 Positive Thinking Day
- ▶ Sep 13 Boss Day
- ▶ Sep 16 Cinnamon Brad Day
- ▶ Sep 16 World Guacamole Day
- ▶ Sep 17 Intl. Country Music Day
- ▶ Sep 18 Rice Krispie Treat Day
- ▶ Sep 19 National CleanUp Day
- ▶ Sep 19 Intl. Talk Like a Pirate Day
- ▶ Sep 20 Punch Day
- ▶ Sep 21 Pecan Cookie Day
- ▶ Sep 22 Hobbit Day
- ▶ Sep 23 Checkers Day
- ▶ Sep 23 Native American Day
- ▶ Sep 25 Comic Book Day
- ▶ Sep 27 Crush a Can Day
- ▶ Sep 28 Good Neighbor Day
- ▶ Sep 29 Coffee Day
- ▶ Sep 30 Health & wellness Day

Also, September is...

Hispanic Heritage Month
National Assisted Living Week, Sep 13-19
Healthcare Environmental Services &
Housekeeping Week Sep 13-19



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